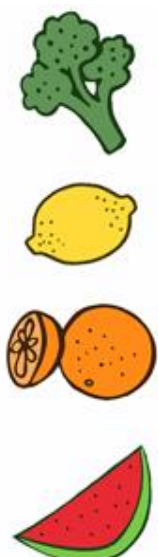


Holyrood Media City Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals or porridge				
Morning Snack	Vegetable crudité's or fresh fruit				
Lunch	Macaroni cheese	Vegetable stew served with dumplings	Chicken curry with fluffy rice & naan bread	Corned beef hash with pickled beetroot	Cheese & onion pie with baked beans
Pudding	Jelly	Homemade cookies		Homemade cupcakes	Yoghurts
Light Tea	Buttered crumpets	Crackers served with cheese	Vegetable ravioli & toast	Warm, buttered potato cakes	Selection of sandwiches
Evening Snack (served between 6 - 7pm)	Breadsticks, rice cakes & fresh fruit				



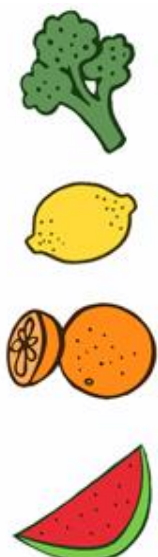
All of our menus adhere to current Eat Better Start Better Guidelines which you can see [here](#)



Holyrood Media City Menu



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals or porridge				
Morning Snack	Vegetable crudité's or fresh fruit				
Lunch	Sausage & bean casserole	Chicken enchiladas & corn salad	Homemade falafel with tabbouleh	Lancashire hotpot with braised red cabbage & crusty bread	Roast dinner & mixed vegetables
Pudding	Yoghurts	Creamy Rice Pudding	Homemade biscuits or cupcakes		Yoghurts
Light Tea	Warm, buttered potato cakes	Crackers served with cheese	Beans on toast	Fresh, homemade soup	Selection of sandwiches
Evening Snack (served between 6 - 7pm)	Breadsticks, rice cakes & fresh fruit				



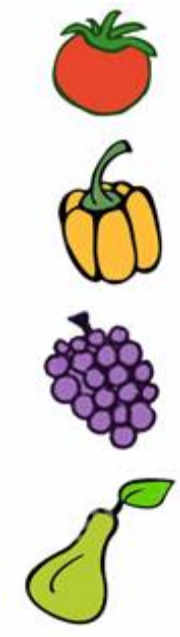
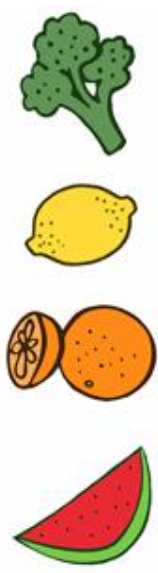
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Holyrood Media City Menu



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals or porridge				
Morning Snack	Vegetable crudité's or fresh fruit				
Lunch	Pasta bake	Moussaka & garlic bread	Chilli con Carne & rice	Homemade chicken bites, potato wedges & baked beans	Meat & potato pie, mushy peas & gravy
Pudding	Homemade cupcakes		Homemade crumble & custard	Yoghurts	Jelly
Light Tea	Crackers served with cheese	Warm, buttered crumpets	Fresh, homemade soup	Bagels with a variety of fillings	Barmcakes with a variety of fillings
Evening Snack (served between 6 - 7pm)	Breadsticks, rice cakes & fresh fruit				



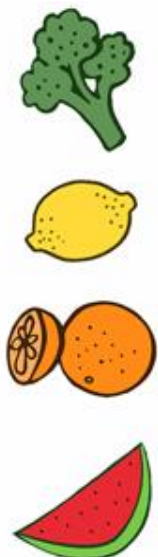
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Holyrood Media City Menu



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals or porridge				
Morning Snack	Vegetable crudité's or fresh fruit				
Lunch	Vegetable lasagne & garlic bread	Sausage, colcannon & onion gravy	Chicken & barley broth	Cottage pie & mixed vegetables	Fish cakes & mushy peas
Pudding		Yoghurts	Steamed sponge & custard	Homemade biscuits	Yoghurts
Light Tea	Fresh, homemade soup & crusty bread	Bagels with a selection of fillings	Toasted teacakes with butter	Crackers served with cheese	Barmcakes with a selection of fillings
Evening Snack (served between 6 - 7pm)	Breadsticks, rice cakes & fresh fruit				



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